

# Bishop Hills-

# Sep 22 - Sep 28, 2019

Sunday 09-22	Monday 09-23	Tuesday 09-24	Wednesday 09-25	Thursday 09-26	Friday 09-27	Saturday 09-28
<b>Breakfast</b>						
Juice Hot or Cold Cereal Choice of Eggs Wheat Toast Bacon Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Pancakes Sausage Patty Syrup/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Scrambled Eggs with Ham Wheat Toast Jelly/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Waffle Turkey Links Syrup/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast Jelly/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Cheese Omelet Hearty Hashbrowns Margarine/Syrup 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Choice of Eggs Sausage Patty Croissant Jelly/Margarine 2% Milk Coffee/Tea
<b>Lunch</b>						
Salisbury Steak Mashed Potatoes w/ Gravy Carrots Dinner Roll Apple Pie Margarine Coffee/Tea	Sausage and Peppers Potato Salad Pickled Beets Fresh Baked Cookie Margarine Coffee/Tea	Maple Glazed Chicken Roasted Potatoes Green Beans Dinner Roll Brownie Margarine Coffee/Tea	Roast Turkey Herb Stuffing Broccoli Blueberry Crisp Margarine Coffee/Tea	BLT Sandwich Pasta Salad Pickle Cheesecake Pudding Margarine Coffee/Tea	Baked Shrimp Alfredo Pasta Green Peas Ice Cream Bar Margarine Coffee/Tea	Meatloaf Mashed Potatoes with Gravy California Vegetable Blend Fresh Baked Cookie Margarine Coffee/Tea
<b>Dinner</b>						
Tuna Salad Sandwich Cucumber Salad Sliced Tomatoes Applesauce 2% Milk Coffee/Tea	Goulash Capri Vegetables Garlic Toast Pineapple 2% Milk Margarine Coffee/ Tea	Soup of the Day Grilled Cheese Sandwich Saltines Fresh Fruit Cup 2% Milk Coffee/Tea	Ham and Cheese Sandwich Potato Salad Three Bean Salad Watermelon 2% Milk Coffee/Tea	Macaroni and Cheese with Ham Stewed Tomatoes Ice Cream Cone 2% Milk Coffee / Tea	Cottage Cheese and Fruit Plate Banana Muffin Pudding 2% Milk Coffee/Tea	Turkey Sandwich Ceasar Salad Pickle Chilled Peaches Margarine 2% Milk Coffee/Tea

# Bishop Hills-

# Sep 29 - Oct 05, 2019

Sunday 09-29	Monday 09-30	Tuesday 10-01	Wednesday 10-02	Thursday 10-03	Friday 10-04	Saturday 10-05
<b>Breakfast</b>						
Juice Hot or Cold Cereal Blueberry Pancakes Turkey Links Syrup/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Choice of Eggs Cinnamon Roll Jelly / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Egg Patty Bacon Wheat Toast Jelly / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Pancakes Sausage Patty Syrup/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Quiche Wheat Toast Syrup/Margarine 2% Milk Coffee/Tea	Hot or Cold Cereal Egg Bake Bacon Wheat Toast Margarine 2% Milk Coffee/Tea
<b>Lunch</b>						
Baked Ham Scalloped Potatoes Capri Vegetables Dinner Roll Blueberry Pie Margarine Coffee/Tea	Teriyaki Chicken White Rice Oriental Blend Vegetables Tapioca Pudding Margarine Coffee/Tea	Chicken and Noodles Butternut Squash Peas Pudding Parfait Margarine Coffee/Tea	Meatloaf Mashed Potatoes w/ Gravy Fresh Zucchini Pineapple Upside Down Cake Margarine Coffee/Tea	Kielbasa Braised Red Cabbage Pierogis Cinnamon Apples with whipped topping Margarine Coffee/Tea	Baked Fish Rice Pilaf Asparagus Pistachio Pudding Margarine Coffee/Tea	Roast Turkey Herb Stuffing Carrots Chocolate Cake Margarine Coffee/Tea
<b>Dinner</b>						
Bratwurst on a Bun Corn Nuggets Pickle Diced Pears 2% Milk Coffee/Tea	Tomato Soup Eggsalad Sandwich Broccoli Salad Red Grapes 2% Milk Coffee/Tea	Goulash Carrots Garlic Bread Blueberries 2% Milk Coffee/Tea	Augratin Potatoes with Ham Brussel Sprouts Pineapple Chunks 2% Milk Coffee/Tea	Broccoli & Cheese Soup Roast Beef and Provolone Sandwich Pickle Ice Cream Cup Margarine 2% Milk Coffee/Tea	Cheese Ravioli in Marinara Sauce Cauliflower Apricots Margarine 2% Milk Coffee/Tea	Grilled Cheese Sandwich Potato Chips Pickle Cottage Cheese with Peaches Margarine 2% Milk Coffee/Tea

# Bishop Hills-

# Oct 06 - Oct 12, 2019

Sunday 10-06	Monday 10-07	Tuesday 10-08	Wednesday 10-09	Thursday 10-10	Friday 10-11	Saturday 10-12
<b>Breakfast</b>						
Juice Hot or Cold Cereal French Toast Turkey Links Syrup Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Cheesy Scrambled Eggs Wheat Toast Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Cheese Omelet Wheat Toast Bacon Jelly / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Pancakes Sausage Patty Jelly / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Choice of Eggs Fresh Baked Muffin Jelly/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Egg Omelet Turkey Links Wheat Toast Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Hard Boiled Egg Sausage Patty Wheat Toast Jelly / Margarine 2% Milk Coffee/Tea
<b>Lunch</b>						
Turkey Pot Roast Scalloped Potatoes Green Beans Dinner Roll Dutch Apple Pie Margarine Coffee/Tea	Unstuffed Cabbage Mashed Potatoes with Gravy Peas Cheesecake Pudding Margarine Coffee/Tea	Maple Bacon Chicken Herb Stuffing California Blend Vegetables Baked Custard Margarine Coffee/Tea	Baked Ham Sweet Potatoes Creamed Spinach Pumpkin Bread Margarine Coffee/Tea	Swiss Steak Mashed Potatoes w/ Gravy Corn Coconut Cake Margarine Coffee/Tea	Breaded Fish Whipped Squash Peas Corn Bread Muffin Ice Cream Margarine Coffee/Tea	Meatloaf Mashed Potatoes w/ Gravy Dilled Carrots Dinner Roll Black Forest Parfait Margarine Coffee/Tea
<b>Dinner</b>						
Turkey and Swiss Cheese Sandwich Potato Salad Diced Pears 2% Milk Coffee/Tea	Baked Spaghetti Ceasar Salad Banana Margarine 2% Milk Coffee/Tea	Beef Stroganoff Peas Fruit Cocktail 2% Milk Coffee/Tea	Macaroni and Cheese Stewed Tomatoes Red Grapes Margarine 2% Milk Coffee/Tea	Sweet and Sour Meatballs White Rice Broccoli Ice Cream Cup 2 % Milk Coffee/Tea	Garlic Bread Cheese Pizza Green Beans Cottage Cheese and Pears 2% Milk Coffee/Tea	Chicken Salad on Croissant Baked Beans Coleslaw Mandarin Oranges Margarine 2% Milk Coffee/Tea

# Bishop Hills-

# Oct 13 - Oct 19, 2019

Sunday 10-13	Monday 10-14	Tuesday 10-15	Wednesday 10-16	Thursday 10-17	Friday 10-18	Saturday 10-19
<b>Breakfast</b>						
Juice Hot or Cold Cereal French Toast Turkey Links Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Scrambled Eggs Raisin Toast Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Breakfast Bake Wheat Toast Jelly / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Hard Boiled Egg Biscuits and Gravy Jelly / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Egg Patty Turkey Links Wheat Toast Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Quiche Wheat Toast Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Cheesy Scrambled Eggs Assorted Yogurt Donut Jelly / Margarine 2% Milk Coffee/Tea
<b>Lunch</b>						
Roast Turkey Macaroni and Cheese Broccoli Mint Chocolate Pie Margarine Coffee/Tea	Sausage and Peppers Potato Salad Fresh Broccoli Fresh Baked Cookie Margarine Coffee/Tea	Swiss Steak Mashed Potatoes w/ Gravy Carrots Pineapple Delight Margarine Coffee/Tea	Chicken Legs Cinnamon Butternut Squash Cauliflower Wheat Bread Surprise Cake Margarine Coffee/Tea	Ham & Potato Au gratin Green Beans & Mushrooms Dinner Roll Ice Cream Cart Margarine Coffee/Tea	Oven Baked Fish Rice Pilaf Cauliflower w/ Cheese Ice Cream Bar Margarine Coffee/Tea	Swedish Meatballs White Rice Carrots Dinner Roll Fresh Baked Cookie Margarine Coffee/Tea
<b>Dinner</b>						
Eggsalad Sandwich Potato Chips Pickle Tropical Fruit Salad 2% Milk Coffee/Tea	Ham Salad Sandwich Pasta Salad Three Bean Salad Apricots Coffee/Tea	Soup of the Day Ham and Cheese Sandwich Pickle Chilled Peaches 2% Milk Coffee/Tea	Macaroni and Cheese Stewed Tomatoes Pineapple Chunks 2% Milk Coffee/Tea	Cheeseburger Tater Tots Pickle Ice Cream Cup Margarine 2% Milk Coffee/Tea	Soup of the Day Tuna Sandwich Pickle Diced Pears 2% Milk Coffee/Tea	Grilled Turkey and Cheese Sandwich Corn Nuggets Mandarin Oranges Margarine 2% Milk Coffee/Tea

# Bishop Hills-

Oct 20 - Oct 26, 2019

Sunday 10-20	Monday 10-21	Tuesday 10-22	Wednesday 10-23	Thursday 10-24	Friday 10-25	Saturday 10-26
<b>Breakfast</b>						
Juice Hot or Cold Cereal Pancakes Sausage Links Syrup/Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Hard Boiled Egg Ham Slice Wheat Toast Syrup / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Cheesy Scrambled Eggs Bacon Biscuit Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Egg Omelet Bacon Wheat Toast Jelly / Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal French Toast Turkey Links Syrup/ Margarine 2% Milk Coffee/Tea	Juice Hot or Cold Cereal Choice of Eggs Sausage Patty Wheat Toast Margarine 2% Milk Coffee/Tea
<b>Lunch</b>						
Turkey Pot Roast Scalloped Potato Green Beans Dinner Roll Raspberry Pie Margarine Coffee/Tea	Lasagna Tossed Salad Cauliflower Choice of Dressing Cheesecake Margarine Coffee/Tea	Chicken Enchiladas Rice Side Salad with Ranch Sour Cream Ice Cream Margarine Coffee/Tea	Unstuffed Peppers Carrots Cheesy Biscuit Fruit Crisp Margarine Coffee/Tea	Creamy Swiss Chicken Rice Pilaf Sauteed Mushrooms Apple Cake Margarine Coffee/Tea	Baked Fish Au gratin Potatoes Green Beans Ice Cream Margarine Coffee/Tea	Meatloaf Mashed Potatoes w/ Gravy Spinach Dinner Roll Carrot Cake Margarine Coffee/Tea
<b>Dinner</b>						
Chicken Nuggets French Fries Coleslaw Strawberries 2% Milk Coffee/Tea	Chicken and Rice Casserole Peas & Carrots Pineapple Chunks 2% Milk Coffee/Tea	Soup of the Day Deli Sandwich Saltines Red Grapes Margarine 2% Milk Coffee/Tea	Bratwurst on a Bun Corn Nuggets Pickle Diced Pears 2% Milk Coffee/Tea	Soup of the Day Ham Salad Sandwich Pickled Beets Ice Cream Cup Margarine 2% Milk Coffee/Tea	Chili with Beans Saltines Cornbread Sour Cream and Cheese Berry Applesauce Margarine 2% Milk Coffee/Tea	Turkey and Cheese Sandwich Broccoli Raisin Salad Diced Pears Margarine 2% Milk Coffee/Tea